



# *The Chef & The Wife*

O N M A I N

## Entrees

### Chicken

- ~Organic Chicken Breast tossed in a lemon thyme butter sauce
- ~Organic Chicken "Chasseur" served with mushrooms, tomatoes, shallots served with a white wine cream sauce
- ~Organic Chicken Francaise served, capers, olives and tomatoes
- ~Organic Chicken breast stuffed with garlic, shallots and feta
- Organic Chicken topped with mango salsa

### Beef

#### ~NY Strip

- ~Prime Rib served with a horseradish cream sauce
- ~Filet Mignon topped with seared Duck Foie Gras
- ~Tenderloin served with a peppercorn sauce or red wine reduction
- ~Braised Short Ribs with Fettuccine and glazed carrot
- ~Grass Fed Beef Lasagna

## Lamb

~Lamb Chop with a chimichurri sauce

~Lamb Gyros served with homemade Tzatziki sauce

~Roasted Lamb Shank

## Pork

~Pork Tenderloin stuffed with garlic, spinach and feta cheese served with a parmesan cream sauce

~Pan Seared Pork Chop

## Duck

Pan Seared Duck Breast

## Seafood

~ Steamed Lobster

~Mediterranean Wild Flounder with capers, tomatoes, zucchini, squash, cilantro and olives

~Ahi Tuna

~Wild Alaskan Salmon

~Wild Shrimp served with cheesy polenta and spanish chorizo sauce

~Snapper served with a homemade artichoke Ravioli and a ginger emulsion sauce

~Roasted Bronzini

~Pan Seared Scallops over risotto drizzled with truffle oil

~Pan Seared Cod stuffed with Pesto Bread Crumbs

~Halibut

~Dover Sole

~Low Country Boil

### Vegetarian

~Peppers stuffed with quinoa + black beans

~Black Bean Burgers

~Grilled Portabella Mushroom served over succotash with a  
basil sauce

~Pesto stuffed roma tomatoes

~Lasagna

### Family Sides

~Orzo Pasta Salad with artichokes, olives and feta cheese

~Roasted Golden Beets, Artichokes, Kale and garlic

~Vegetable succotash

~Roasted Brussel Sprouts with bacon

~Carrot Puree

- ~Lobster Macaroni and cheese
  - ~Macaroni and Cheese
- ~Sauteed green beans and garlic
  - ~Roasted potatoes
  - ~Pesto stuffed tomatoes
  - ~Roasted Root Vegetables
- ~Roasted Spaghetti Squash
  - ~Twice Baked Potato
    - ~Mashed Potato
    - ~Au Gratin potato
    - ~Vegetable Galette
  - ~Organic brown rice
  - ~Purple Cabbage slaw
    - ~Baked Beans
    - ~Potato Salad
- ~Dinner Rolls with butter